



BREAST CENTRES NETWORK

Synergy among Breast Units

★ REA Maternity Hospital - Athens, Greece

General Information



New breast cancer cases treated per year 488

Breast multidisciplinary team members 19

Radiologists, surgeons, pathologists, medical oncologists, radiotherapists and nurses

Clinical Director: Grigorios Xepapadakis, MD, PhD

The Breast Clinic of Rea Maternity Hospital is staffed with specially trained doctors with long experience in the management of breast diseases. Our clinic aims not only in treating all breast diseases, but also in early detecting breast cancer. Therefore, clinical examination is performed in our outpatient office, according to screening schedule based on the relative risk of each patient. Moreover, diagnostic tests (mammography and ultrasound) and interventional diagnostic procedures are offered on site. For an integrated and comprehensive management of patients, our Clinic offers a multidisciplinary approach in collaboration with physicians of various specialties, such as radiologists, nuclear medicine physicians, gynaecologists, oncologists, radiotherapists, plastic surgeons, etc. Specilised procedures are performed, including sentinel lymph node biopsy, vacuum assisted stereotactic biopsy, oncoplastic surgery and breast reconstruction. Additionally there are specialised nurses, psychologists and collaborations with rehabilitation department and prosthesis servises providing support to our patients in all fields.

REA Maternity Hospital

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Available services

- Radiology
- Breast Surgery
- Reconstructive/Plastic Surgery
- Pathology
- Medical Oncology
- Radiotherapy

- Nuclear Medicine
- Rehabilitation
- Genetic Counselling
- Data Management
- Psycho-oncology
- Breast Nurses

- Social Workers
- Nutritional Counselling
- Survivorship Groups
- Sexual Health Counselling
- Supportive and Palliative Care
- Integrative Medicine

Radiology

- Dedicated Radiologists** 3
- Mammograms per year** 2000
- Breast radiographers**
- Screening program**
- Verification for non-palpable breast lesions on specimen**
- Axillary US/US-guided FNAB**
- Clinical Research**

Available imaging equipment

- Mammography
- Ultrasound
- Magnetic Resonance Imaging (MRI)
- Digital Tomosynthesis

Available work-up imaging equipment

- Computer Tomography
- Ultrasound
- Magnetic Resonance Imaging (MRI)
- PET/CT scan

Primary technique for localizing non-palpable lesions

- Hook-wire (or needle localization)
- Charcoal marking/tattooing
- ROLL: radio-guided occult lesion localization

Available breast tissue sampling equipment

- Stereotactic Biopsy (Mammography guided)
 - Core Biopsy (Tru-cut)
- Vacuum assisted biopsy
- Ultrasound-guided biopsy
 - Fine-needle aspiration biopsy (FNAB, cytology)
 - Core Biopsy
 - Vacuum assisted biopsy
- MRI-guided biopsy
 - Core Biopsy
 - Vacuum assisted biopsy

Breast Surgery

- New operated cases per year (benign and malignant)** 990
- Dedicated Breast Surgeons** 6
- Surgeons with more than 50 surgeries per year** 1
- Breast Surgery beds** 20
- Breast Nurse specialists** 2
- Outpatient surgery**
- Intra-operative evaluation of sentinel node**
- Reconstruction performed by Breast Surgeons**
- Clinical Research**

Primary technique for staging the axilla

- Axillary lymph node dissection
- Sentinel lymph node biopsy:
 - Blue dye technique
 - Radio-tracer technique
 - Blue dye + Radio-tracer
- Icg Fluorescence Technique
- Axillary sampling

Reconstructive/Plastic Surgery

- ✓ **Reconstructive/Plastic surgeons** 2
- ✓ **Immediate Reconstruction available**

Type of breast reconstructive surgery available

- ✓ Remodelling after breast-conserving surgery
- ✓ Reconstruction after mastectomy:
 - ✓ Two-stage reconstruction (tissue expander followed by implant)
 - ✓ One-stage reconstruction
 - ✓ Autogenous tissue flap
 - ✓ Latissimus dorsi flap
 - ✓ Transverse rectus abdominis (TRAM)
 - ✓ Free-flaps (free TRAM, DIEP, SIEA, gluteal, etc.)
- ✓ Surgery on the contralateral breast for symmetry

Pathology

- ✓ **Dedicated Breast Pathologists** 4

Available studies

- ✓ Cytology
- ✓ Haematoxylin & eosin section (H&E)
 - ✓ Surgical specimen
 - ✓ Sentinel node
 - ✓ Core biopsy
- ✓ Frozen section (FS)
 - ✓ Surgical specimen
 - ✓ Sentinel node
- ✓ Immunohistochemistry stain (IHC)
 - ✓ Estrogen receptors
 - ✓ Progesterone receptors
 - ✓ HER-2
 - ✓ Ki-67

Other special studies available

- ✓ Fluorescence in-situ Hybridization for HER-2 gene (FISH)
- ✓ Oncotype Dx (21-gene assay)
- MammaPrint (70-gene microarray)
- Prediction Analysis of Microarray 50-gene set (PAM 50)

Parameters included in the final pathology report

- ✓ Pathology stage (pT and pN)
- ✓ Tumour size (invasive component in mm)
- ✓ Histologic type
- ✓ Tumor grade
- ✓ ER/PR receptor status
- ✓ HER-2/neu receptor status
- ✓ Peritumoural/Lymphovascular invasion
- ✓ Margin status
- ✓ Ki67, p53, EGFR

Medical Oncology

- ✓ **Dedicated Breast Medical Oncologists** 3
- ✓ **Outpatient systemic therapy**
- ✓ **Clinical Research**

Radiotherapy

Dedicated Radiation Oncologists

Clinical Research

Available techniques after breast-conserving surgery (including experimental)

Whole-Breast RT (WBRT)

Partial breast irradiation (PBI):

External beam PBI

Interstitial brachytherapy

Targeted brachytherapy (MammoSite, SAVI applicator, other devices)

Intra-operative RT (IORT)

Electrons

Multidisciplinary Meeting (MDM) / Tumour Board (TB)

Regular MDM/TB for case management discussion

Twice a week

Weekly

Every two weeks

Other Schedule

Cases discussed at MDM/TB

Preoperative cases

Postoperative cases

Specialties/services participating in MDM/TB

Radiology

Breast Surgery

Reconstructive/Plastic Surgery

Pathology

Medical Oncology

Radiotherapy

Genetic Counselling

Breast Nurse Service

Psycho-oncology

Further Services and Facilities

Nuclear Medicine

Lymphoscintigraphy

Bone scan

Positron Emission Tomography (PET)

PET/CT scan

Rehabilitation

Prosthesis service

Physiotherapy

Lymph-oedema treatment

Genetic Counselling

Specialist Providing Genetic Counselling/Risk assessment service:

Dedicated Clinical Geneticist

Medical Oncologist

Breast Surgeon

General Surgeon

Gynaecologist

Genetic Testing available

Surveillance program for high-risk women

Data Management

Database used for clinical information

Data manager available

Contact details

Clinical Director

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Reconstructive Surgery

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Pathology

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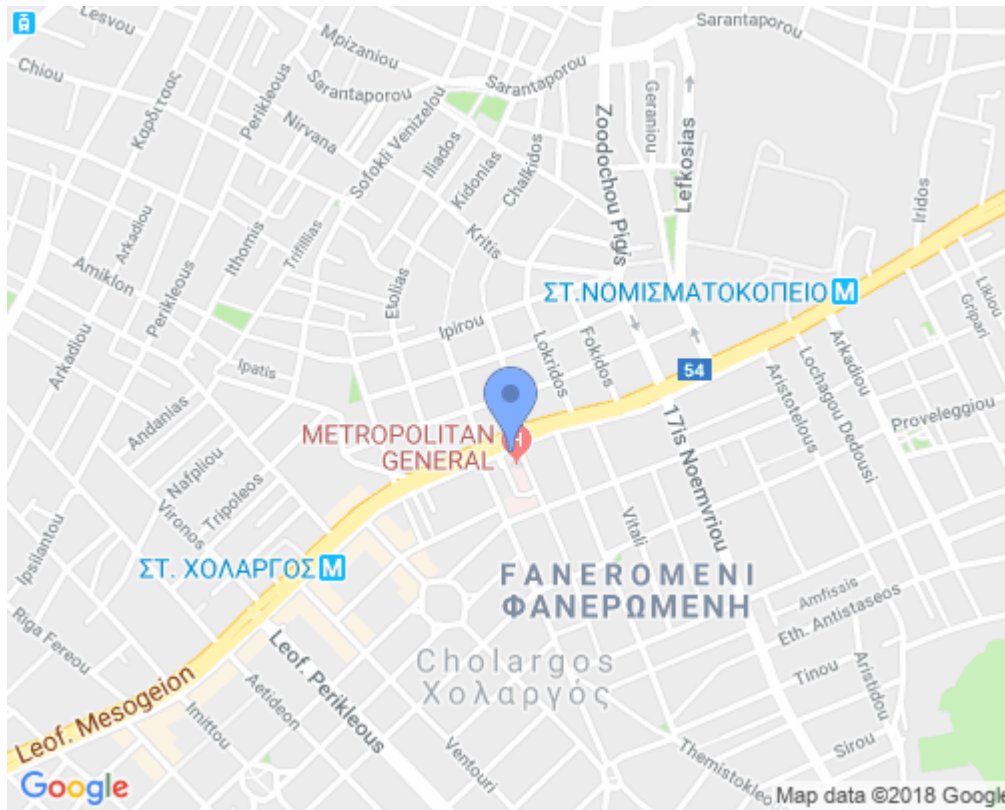
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How to reach us



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From airport:

By metro (Metro Station 'Syggrou-Fix'), then by bus, as described below.

By train:

By train to 'Omonoia' station, then transfer to Subway (metro) to 'Syggrou-Fix' station. Then transfer by bus, as described below.

By bus or sub-way/underground:

From Subway Station 'Syggrou-Fix' to REA, Bus Station Onaseio • B2: Academy - Ag. Kosma • E22: Saronida (Express) • 550: P. Faliron - Kifisia • 126: P. Faliron - St. Syggrou Fix From REA 'Eugenidio' Bus Station to Subway Station 'Syggrou-Fix' • B2: Academy - Ag. Kosma • 550: P. Faliron - Kifisia

By car:

Rea Maternity Hospital is located in Syggrou Avenue (Syggrou 383 and Penteli 17, Palaio Faliro) and has easy access by car through city center, Attiki Odos or Posidonos Avenue.

Last modified: 01 September 2017